

# CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: ZOLA

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Delissen Kim HEADCOACH

Coaches: Asselman Jasper

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 100M FREESTYLE MEN 15+ Heat:15, starttime: 11:15

Heat: 15/22 Lane : 2 Athlete: HOROVYI MYKYTA Q-time: 00:55:92

PB (50m pool): 00:55.92 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 00:54.61 SB: 00:55.92 Lago Gent Rozebroeken 03/05/2026

|    | 50 M      | 100 M     |  |
|----|-----------|-----------|--|
| PB | 00:26.38  | 00:55.92  |  |
|    | 00:26.38  | 00:29.54  |  |
|    | . . . . . | . . . . . |  |

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 15+ Heat:1, starttime: 11:27

Heat: 1/11 Lane : 4 Athlete: VANDE SOMPELE JITS Q-time: 01:23:90

PB (50m pool): 01:23.90 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 01:26.87 SB: 01:23.90 Lago Gent Rozebroeken 03/05/2026

|    | 50 M      | 100 M     |  |
|----|-----------|-----------|--|
| PB | 00:39.49  | 01:23.90  |  |
|    | 00:39.49  | 00:44.41  |  |
|    | . . . . . | . . . . . |  |

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+ Heat:2, starttime: 11:49

Heat: 2/12 Lane : 6 Athlete: TSYBULNIAK KYRYL Q-time: 00:33:83

PB (50m pool): 00:33.83 Sportoase De Watermolen 24/05/2026 PB (25m pool): no time SB: 00:33.83 Sportoase De Watermolen 24/05/2026

|    | 50 M      |  |
|----|-----------|--|
| PB | 00:33.83  |  |
|    | 00:33.83  |  |
|    | . . . . . |  |

Coach feedback:

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|                                                  |           |  |  |  |  |  |                                                               |  |  |
|--------------------------------------------------|-----------|--|--|--|--|--|---------------------------------------------------------------|--|--|
| Event number: 26: 50M BREASTSTROKE MEN 15+       |           |  |  |  |  |  | Heat:4, starttime: 11:51                                      |  |  |
| Heat: 4/12   Lane : 1   Athlete: LADEWIG SETH    |           |  |  |  |  |  | Q-time: 00:33:14                                              |  |  |
| PB (50m pool): 00:33.14   Antwerpen   19/04/2026 |           |  |  |  |  |  | PB (25m pool): 00:32.96 SB: 00:33.14   Antwerpen   19/04/2026 |  |  |
|                                                  | 5 0 M     |  |  |  |  |  |                                                               |  |  |
| PB                                               | 00:33.14  |  |  |  |  |  |                                                               |  |  |
|                                                  | 00:33.14  |  |  |  |  |  |                                                               |  |  |
|                                                  | . . . . . |  |  |  |  |  |                                                               |  |  |

Coach feedback:

|                                              |           |  |  |  |  |  |                                                          |  |  |
|----------------------------------------------|-----------|--|--|--|--|--|----------------------------------------------------------|--|--|
| Event number: 27: 50M BUTTERFLY WOMEN 15+    |           |  |  |  |  |  | Heat:1, starttime: 12:01                                 |  |  |
| Heat: 1/17 Lane : 4 Athlete: NULENS LILI     |           |  |  |  |  |  | Q-time: 00:32:44                                         |  |  |
| PB (50m pool): 00:32.44 Antwerpen 19/04/2026 |           |  |  |  |  |  | PB (25m pool): 00:35.39SB: 00:32.44 Antwerpen 19/04/2026 |  |  |
|                                              | 5 0 M     |  |  |  |  |  |                                                          |  |  |
| PB                                           | 00:32.44  |  |  |  |  |  |                                                          |  |  |
|                                              | 00:32.44  |  |  |  |  |  |                                                          |  |  |
|                                              | . . . . . |  |  |  |  |  |                                                          |  |  |

Coach feedback: